

Innovating to Improve Delivery:

Extra Care Housing

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Over 75 Population change to 2030

Population aged 75 and over projections									
	2011	2015	% increase from 2011	2020	% increase from 2011	2025	% increase from 2011	2030	% increase from 2011
Basingstoke & Deane	10,800	12,300	13.89%	14,900	37.96%	18,900	75.00%	21,300	97.22%
East Hants	10,200	11,600	13.73%	13,800	35.29%	17,200	68.63%	19,300	89.22%
Eastleigh	9,800	10,800	10.20%	12,700	29.59%	15,600	59.18%	17,500	78.57%
Fareham	11,800	13,000	10.17%	15,400	30.51%	18,700	58.47%	20,700	75.42%
Gosport	7,100	8,000	12.68%	9,300	30.99%	11,700	64.79%	13,200	85.92%
Hart	6,600	7,800	18.18%	9,600	45.45%	11,800	78.79%	13,000	96.97%
Havant	13,000	14,300	10.00%	16,100	23.85%	19,400	49.23%	21,100	62.31%
New Forest	23,100	24,900	7.79%	28,900	25.11%	34,900	51.08%	38,800	67.97%
Rushmoor	6,100	6,900	13.11%	8,000	31.15%	9,800	60.66%	11,300	85.25%
Test Valley	9,800	11,100	13.27%	13,700	39.80%	17,100	74.49%	19,100	94.90%
Winchester	10,800	11,900	10.19%	13,900	28.70%	17,200	59.26%	19,200	77.78%
Hampshire	119,100	132,800	11.50%	156,300	31.23%	192,200	61.38%	214,600	80.18%

Aspirations

- Desire to stay independent as long as possible
- Increased focus on home ownership
- Hope of passing on assets to next generation
- Emphasis in Social Care & Health on personalisation and choice
- Aging later/Remaining active for longer

Challenges

- Slow down in housing market
- Less retirement housing being constructed
- Older people still biggest consumers of social housing
- Increasing numbers of people remaining in the same property - 40years + increased from 17% in 1993/4 to 24% in 2007/8
- Families becoming more dispersed



What is Extra Care Housing ?

Aims: To meet the care and support needs of individuals within an independent housing context

Key Features:

- Own front door to self contained accommodation
- Range of tenures: *Rent/Ownership*
- Accessible buildings with Assisted Technology
- Communal facilities and community amenities
- 'Home for life'
- On site 24/7 care and support,

Improved outcomes

- Compared to receiving domiciliary care in the community, those in Extra-Care housing are:
 - Less likely to enter institutional accommodation.
 - Experience better health outcomes (reduction in care package).
 - Less likely to be hospitalised.
 - Experience a lower number of falls.

Source: Kneale, D., *Establishing the Extra in Extra Care: perspectives from three Extra-Care housing providers* (International Longevity Centre-UK, 2011).

- **Experience improved mortality & survival**

Source *Improving Housing with Care Choices for Older People: An Evaluation of Extra Care Housing.* (Personal Social Services Research Unit, University of Kent 2011)

Benefits for individuals

- Provides a safe environment in which to remain independent for as long as able
- It enables couples to remain together, when one of them develops greater care needs
- Increases financial autonomy and flexibility
- Promotes greater independence, wellbeing & choice
- Provides security of tenure through tenancy agreement or ownership
- Remain part of the wider community

Community benefits

- Housing and care based solution to meet future needs and aspirations
- Opportunity to release family housing (social or privately owned) back into the market
- Scheme facilities act as a community hub
- Develops a culture of participation both from and with communities
- Helps to maintain overall balanced community