

My Life, My Way Hampshire



For children and adults with a
disability



Integrated Personal
Commissioning



Integrated Personal Commissioning

- One of the pillars of the Five Year Forward View
- Empowers people and communities to take an active role in their health and wellbeing with greater choice and control over their care
- Supports the improvement, integration and personalisation of services, building on learning from personal budgets in social care and driving bold expansion plans for personal health budgets.
- Address fragmentation between services, and improve people's experience of, and outcomes from care.
- IPC provides practical solutions to integration at the level of each individual
- 5 key shifts of IPC: **Proactive coordination of care, Community capacity and peer support, Personalised care and support planning, Choice and control, Personalised commissioning and payment**

My Life My Way in Hampshire

- To make personal integrated budgets easy, well understood and a mainstream offer across health social care and education
- To drive the uptake of Personal Health Budgets
- To significantly reduce admissions into Learning disability and Mental Health hospitals for the Hampshire population
- To reduce the use of residential care and increase innovative supported living options.
- To remove the 'cliff edge' for young people and their families going through the transition to adulthood

Hampshire Achievements to date:

- Personal Health Budgets project (people with CHC eligibility) on track to deliver 100 PHBs by October 2016)
- IPC project has worked with 8 young people with disabilities testing the new planning model and personal budget – with very positive outcomes
- IPC project is ready to role new person centred care and support planning model at scale across Health & Social Care
- Voluntary sector partners ready to undertake facilitation of new planning model
- Hampshire is investing significant capital to support supported living for young adults

New models of care - Claire's Story

- Forget the 'labels'
- More confident
- Communicates
- Has developed a sense of purpose
- Looks forward to events
- Choices
- Happy
- More independent
- More agile
- Healthier
- Safer
- More Hair!



Personal Budgets- Ben's Story